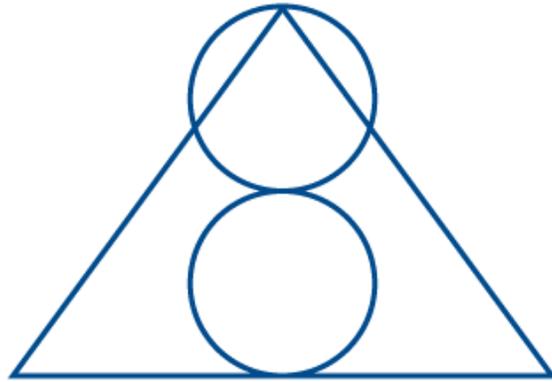


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MASTER LANTOS

***Technique to Enliven Genesis
Fusion at the End of the Day***

Technique to Enliven Genesis Fusion at the End of the Day

Sit quietly, motionless, for two minutes

- Have a Chamber of Eternal Light and an 8-Sided Pyramid near to you, if possible

Next, position the Star Cells on your body

- You may be seated or lying down
- Hold a Super Water Cell in your left hand
- Hold a Super Star Cell in your right hand
- Position any other Star Cells on your body
 - Water Cells go on the left side of your body
 - Star Cells go on the right side of your body
- Rest for 3 minutes

This Technique should be performed at the end of every day.

Instructional Message from Master Lantos:

Greetings Dear Ones,

We will work today with our precious Star Cells, Tools of the Mighty Great Star of Genesis—the new form for the Era of Eternal Light. We will begin with the experience of Genesis Fusion. The introduction of Genesis Fusion delivers a burst of energy, it Enlivens the whole. It Enlivens each of the parts which make up the whole.

In a quick time we will experience the bursting energy; in a quick time, we will gain the benefits. This energy is dynamic: it is the energy which sustains the universe, it is the fuel cell, it is a dynamic process generating vast amounts of mighty energy.

Let us sit quietly. First we sit motionless without the application of any Star Cells. We may sit, if possible, in the presence of the precious Chamber of Eternal Light, as well as a luminous 8-Sided Pyramid. We sit for a short amount of time, allowing first the elimination of the outer layer of influence.

This outer layer on the body attracts the day's influences. It is a sticky layer, a layer which hangs onto the impressions and carries with it the fatigue and residue generated through the course of a single day of work. A single day of living accumulates a layer of residue.

And yet, this residue is easily removed—much of this is removed even through the simple act of sitting quietly, peacefully, in the presence of the Master Tool of the Chamber of Eternal Light, as well as, the blessed clear 8-Sided Pyramid. Yes, yes. We will sit easily for just a minute.

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Now, we will select the Star Cell Tools. In this selection we will position a Super Water Cell in the left hand and a Super Star Cell in the right hand. We will add now the remaining Star Cells to any place on the body—left side is for the placement of Water Cells, right side is for the placement of the Star Cells.

Place the Tools on any location, place as many as you wish. Let us see now what happens. We will arrange the Tools and experience the results for three minutes. In all, this session is under five minutes.

Let us begin.

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Good, good.

Now, Dear Ambassadors, you may position these precious Tools in any location with outstanding results, superb benefits. The dynamic increase of energy is the initiation of

Genesis Fusion. It is a process of initiating the energy of the Mighty Great Star of Genesis. Very good, very good.

In this way, in under five minutes, we rid the body of the daily residue: we initiate Genesis Fusion, we awaken this precious universal energy within our personal structure. This is an essential part of every day. It is a routine, just as sleeping, just as taking nourishment in other forms for the body—food, activity, rest. Very good.

We are preparing for our Courses of Training. It is very good, very good.

Many Blessings.